

WHAT'S MY MEDICATION?



headspace toolkit

Your Right to Know
(and Your Right to be Heard).

For young people who are inpatients of psychiatric units.

How to find out more about your medication

Please can you answer the questions I have ticked

What is my medication called?
.....

When do I have to take it?
.....

When did my prescription start?
.....

Why has it been prescribed?
.....

How does it work?
.....

How will it help me?
.....

What will happen if I don't take it?
.....

When will I be able to stop taking it?
.....

What are the possible side effects of taking it? Now/Future?
.....

How often will it be reviewed?
.....

How do I ask for a second opinion on whether it is right for me?
.....

Who do I see if I have a problem with my medication?
.....

Please can I have more information about my medication?
.....

How do I get more information about my illness/condition?
.....

Other questions I have:
.....

Please can you give me this information: Written Spoken

Date handed in to staff: _____ Response by: _____