

POWER TOOL 10

YOUR RIGHT TO MAKE A COMPLAINT



headspace toolkit

Advocacy in Somerset

Your Right to Know
(and Your Right to be Heard).

For young people who are inpatients of psychiatric units.

If you feel unhappy about something that has happened and want to talk to someone about it, or want to make a formal complaint about it then this form is here to help you to get started.

I am not making a formal complaint, I just want to talk to someone about this please, preferably this person:.....

OR

I want this to be registered as a formal complaint please

What I am not happy about:

.....

.....

.....

.....

.....

.....

.....

When it happened:

.....

.....

Who else saw or heard this:

.....

.....

.....

How I feel about it:

.....

.....

.....

.....

.....

What I would like to happen:

.....

.....

.....